

# EMERGENCY HEALTH CARE PLAN

Place child's  
Picture here

ALLERGY TO: \_\_\_\_\_ ICD Code \_\_\_\_\_

Student's

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Teacher: \_\_\_\_\_ (2020)

Asthmatic

Yes

No

\* High risk for severe reaction

## SIGNS OF AN ALLERGIC REACTION INCLUDE:

### Systems:

### Symptoms:

### Give checked medication:

- MOUTH
- THROAT\*
- SKIN
- GUT
- LUNG\*
- HEART\*

itching & swelling of the lips, tongue, mouth  
 itching and/or a sense of tightness in the throat, hoarseness,  
 and hacking cough  
 hives, itchy rash, and/or swelling about the face or extremities  
 nausea, abdominal cramps, vomiting, and/or diarrhea  
 shortness of breath, repetitive coughing, and/or wheezing  
 "thready" pulse, "passing-out"

- |  |                                 |
|--|---------------------------------|
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> EpiPen |

The severity of symptoms can quickly change. \*All above symptoms can potentially progress to a life-threatening situation!

### ACTION:

1. If ingestion/sting is suspected, give \_\_\_\_\_  
 Medication/dose/route  
 and \_\_\_\_\_ IMMEDIATELY!

\*\*\*If EPI PEN is needed: Child SHOULD  Child SHOULD NOT  carry on them. \_\_\_\_\_  
 (this includes bus, before and after school programs as well) MD Initials \_\_\_\_\_

2. CALL RESCUE SQUAD: \_\_\_\_\_

3. CALL: Mother \_\_\_\_\_ Father \_\_\_\_\_ or emergency contacts

4. CALL: Dr. \_\_\_\_\_ at \_\_\_\_\_

**DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL RESCUE SQUAD  
EVEN IF PARENTS OR DOCTOR CANNOT BE REACHED !!!!!**

I give permission for the school nurse/designee to share this information with anyone who comes in contact with my child, so they may be aware of the treatment required.

\_\_\_\_\_  
 Parent Signature Date \_\_\_\_\_ M.D. \_\_\_\_\_  
 \_\_\_\_\_  
 Doctor's Signature Date

### EMERGENCY CONTACTS

### TRAINED STAFF MEMBERS

1. \_\_\_\_\_  
 Relation: \_\_\_\_\_ phone \_\_\_\_\_
2. \_\_\_\_\_  
 Relation: \_\_\_\_\_ phone \_\_\_\_\_
3. \_\_\_\_\_  
 Relation: \_\_\_\_\_ phone \_\_\_\_\_

1. \_\_\_\_\_  
 room \_\_\_\_\_
2. \_\_\_\_\_  
 room \_\_\_\_\_
3. \_\_\_\_\_  
 room \_\_\_\_\_