



Daniel P. McCoy
Albany County Executive

Craig D. Apple Sr.
Albany County Sheriff

The Albany County Department of Recreation Presents

FREE Youth Sports PROGRAMS



Lacrosse

For Albany County Youth Ages 7 - 11

Cohoes: Fridays, June 14 - July 19, 6:00 pm - 8:00 pm, Lansing Park

Green Island: Saturdays, July 27 - Aug. 31, 10:00am - 12:00pm
Pain St. Park

Ravena: Saturdays, Sept. 14 - Oct. 19, 4:00 pm - 6:00 pm
Mosher Park

Watervliet: Fridays, Sept. 20 - Oct. 25, 6:00pm - 8:00pm
Watervliet Dome

This flyer is distributed to North Colonie School District students as a community service to students and parents for informational purposes only. This program is not affiliated with nor endorsed in any way by the town of North Colonie.

Pre-registration is required!

Visit <http://www.albanycounty.com/recreation.aspx>

For more information call (518) 655-7948 or email recreation@albanycountyny.gov



Albany County and the Albany County Sheriff's Office partnering with AAU on these programs.



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Flag Football

For Albany County Youth Ages 5 - 14

First hour for 5-7year olds, Second hour for 8-10year olds, Third hour for 11-14 year olds

Ravena: *Saturdays*, June 15 - July 20, 3:00 pm - 6:00pm
Mosher park

Bethlehem: *Saturdays*, July 27 - Aug 31, 9:00 - 12:00am
Elm Ave. Park

Watervliet: *Wednesdays*, Sept. 18 - Oct. 23, 6:00pm - 9:00pm
Watervliet Dome

Cohoes: *Fridays*, Sept. 20 – Oct 25., 6:00pm - 9:00pm, 25 Lansing Park

Green Island: *Saturdays*, Sept. 21 - Oct. 26, 10:00am - 1:00pm
Pain St. Park

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