



Dear Families:

During the second week of October, we will be recognizing Fire Prevention Week. On October 9, students in grades K-1 will visit the traveling Town of Colonie Fire Safety House and grades 2-6 will participate in Fire Prevention Assemblies. The Department of Fire Prevention and Fire Investigation Unit will bring the fire safety bus to Boght Hills and escort groups of students through the bus. A special thank you to Chief Brian LaPlante, Inspector Ben Stevens, and other members of the Boght Fire Department and Town of Colonie Fire Safety Department for presenting the assemblies and giving the tours.

On October 9, there will be an early release drill. All elementary students will be dismissed 15 minutes earlier than usual. Please be prepared to meet your child earlier.

Please know that there is no supervision for students who are dropped off at school before 8 am. This presents a potentially dangerous situation. If you must drop your children off, please do so no earlier than 8 am or consider the CYC Before-School Program. You may contact CYC at 438-9596.

Our doors are locked at all times to protect the students and adults. Please encourage your child to not return for forgotten items as there is not always someone available to help you enter after hours.

Please help us reinforce the district cell phone policy discussed at Open House. Students do not need phones at school because we will always make one available when necessary. If your family determines that your child should carry a phone, it must remain off and in their backpacks during the school day. We also don't allow electronics during recess as we want the children to exercise and converse. Please remind your children to not take photos of staff or other students without permission.

I encourage adults to attend the presentation for parents on October 13 on Cyberbullying from 6:30-8:00 at Southgate School.

I'd like to extend a huge thank you to all adults who have respectfully complied with our no parking zone along the curb. This has made for a much safer environment for our staff, students, and families.

With such a growing number of students with food allergies, no foods can be eaten in the classroom (e.g. snack, parties) that contain or are processed in a plant containing nut products. Not only are there many healthy choices, but fewer students are allergic to fruit, and vegetables. A list of safe items can be found inside this newsletter.

The elementary cross-country races will be held at the Colonie Town Park on October 7 at 4 PM. The district physical education staff deserve a huge recognition for their organization of this fun event and dedication to the physical health and sportsmanship of our students. **Students will go home on their regular bus at dismissal. Parents should have children at the park by 3:45, wearing his/her shirt and racer's tag.**

Please note that school picture day will be held on Tuesday, October 13.

Thank you for your continued support and assistance with all our school activities.

Sincerely,  
Kim Greiner

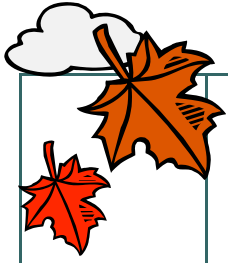
Boght Hills

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# Boght Hills Colt News    October, 2015



	Mon	Tue	Wed	Thu	Fri	Sat
				(3A) 1 <i>Student Banking</i>	(4A) 2	3
4	(5A) 5	(6A) 6 <i>Parenting program at BC, see flyer in newsletter</i>	(1B) 7 <i>Cross-Country Races, Town Park, 4:00 pm</i>	(2B) 8 <i>Student Banking</i>	(3B) 9 <i>Early Release Drill, 15 minutes earlier</i>	10
11	12 <u><i>NO SCHOOL</i></u> <i>Columbus Day</i>	(4B) 13 <u><i>Picture Day</i></u> <i>Young Writer's Workshop, depart 9 am</i> <i>Parenting program at SG, see flyer in newsletter</i>	(5B) 14	(6B) 15 <i>Student Banking</i>	(1A) 16	17
18	(2A) 19	(3A) 20 <i>Parenting program at BH, see flyer in newsletter</i>	(4A) 21	(5A) 22 <i>Student Banking</i>	(6A) 23 <i>Spirit Day wear favorite plaid shirt</i>	24
Scholastic Book Fair Week						
25	(1B) 26 <i>Gr 1-6 Progress Reports go home</i> <i>BOE Mtg. LO, 7:15 PM</i>	(2B) 27 <i>Gr. 4 Field Trip Proctor's Theatre depart 9:30, return 12:15</i> <i>PTA Mtg., 6:30</i>	(3B) 28 <u><i>Half-Day</i></u> <i>K-6 parent/teacher conferences</i>	(4B) 29 <i>Student Banking</i>	(5B) 30 <i>Halloween parties and breakfast</i>	31

School Picture Day  
Tuesday, October 13

## Health Office

This year I am new to the health office at Boght Hills. My name is Nancy Lindsay, RN and I look forward to taking good care of your children!

### **To the parents of 6<sup>th</sup> grade students:**

If your child's 11<sup>th</sup> birthday is during the months of October, November or December, you have already or will be receiving a reminder letter from me in the mail regarding the mandatory Tdap immunization. All students in 6<sup>th</sup> grade need to submit proof of the immunization soon after their 11th birthday per NYS health law. Please call today to make the appointment for your child so there is no issue with them receiving their shot within two weeks of their 11th birthday. Please feel free to call me at any time with questions. I appreciate your cooperation.

### **As an important reminder, please keep your child at home if any of the following illnesses exist:**

1. If they have had a temperature of 100° or higher. They can return to school once their temperature is normal without the use of medication to bring the fever down.
2. A generalized rash needs to be diagnosed as non-contagious by your physician before coming to school. Please provide school with a note stating this from the doctor.
3. If your child has been vomiting or has diarrhea

## "Safe" Nut-Free Food Suggestions

The following are safe treats for our classrooms:

Fruit	Go-gurt
Vegetables	Rice Krispie Treats
Animal crackers	Gummy snacks
Nabisco graham crackers	Oreos

## Save Around Coupon Books

Boght Hills will be selling Save Around Coupon Books again this year. The fundraiser will run from October 7th-October 26th. The cost of each book is \$20. For every 5 books you sell, you will receive 1 FREE coupon book. Sell 10 books, get 2 FREE, sell 15 books, get 3 FREE... All proceeds from this fundraiser will go towards various PTA activities. Thank you very much for your support!



## Box Tops for Education

The next submission date is November 1st so please be on the look out for any Box Tops that expire in 2015. Only Box Tops that are not expired may be submitted. As always, please include your child's name *and* classroom on each Box Top in order for them to be eligible to participate in our monthly gift card drawing.

The winners for September are:

Tyler Groeber (4 )

Jason Prestipino (6 )

## Labels for Education

Labels for Education is currently running a sweepstakes where 100 schools will win \$10,000. Check out [labelsforeducation.com](http://labelsforeducation.com) and click the Grand Stand for Schools \$1 Million Giveaway to enter for Boght Hills. All you need to do is enter your email address and select Boght Hills. What could be easier?? The sweepstakes ends 10/9.

Please submit your labels with your child's classroom noted on the back for their class to get credit towards an end of year party. The top three classrooms currently are: Mr McNamara (34), Mrs Fitzpatrick (29), Mrs Lane (11)

## Band and Orchestra

Every year children bring many personally-owned or rented instruments into our schools, sometimes leaving them overnight in our classrooms. **The North Colonie Central School District has taken reasonable steps to prevent the theft of student property. However, the district is not responsible for theft, loss or damage to students' personal property on the premises.** Additionally, parents are encouraged to list valuable items like musical instruments on their homeowners' or renters' insurance policy.





**Membership and Meetings**

We were so pleased to see so many parents come out to attend our first PTA meeting on September 24th. Thank you so much for your participation! **Our next meeting will be on Tuesday, October 27<sup>th</sup> at 6:30pm in the Boght Hills Library and is open to all interested parents.** If you didn't get a chance to join the PTA yet, it's definitely not too late to be included and to receive your FREE student directory in mid-October. Visit our website at [www.boghtillspta.org](http://www.boghtillspta.org) and click on the link at the top of the home page to join today.

**Save Around Fundraiser**

In October, our **Save Around 2015** fundraiser will begin. This local coupon book features amazing deals on restaurants and entertainment venues that are right here in the Capital District. Books can be purchased for only \$20 and pay for themselves after you use them twice. Please support our PTA by purchasing a book for your family and please also consider selling them to any friends, neighbors or co-workers who may be interested. Details of this fundraiser will be coming home soon with your youngest Boght Hills student and we thank you in advance for your participation!

**Ice Cream Social-Thanks for attending!**

Our first event of the year, the Ice Cream Social, was a huge success! We celebrated the 60th Birthday of Boght Hills in style as families came to enjoy free ice cream sundaes, courtesy of Stewarts and the Boght Hills PTA. The kids had so much fun playing together in the fields and playground and when the sun went down, glow necklaces were all the rage! If you weren't able to make it this year, we look forward to seeing you next year at this new annual event.

**October 23<sup>rd</sup>  
is our next  
School Spirit  
Day! Wear  
your favorite  
Plaid shirt  
and show  
your school  
spirit!**

**Price Chopper Tools for Schools and Million Points Challenge**

One of the ways you can help the PTA earn money for our school is by enrolling in the Price Chopper Tools for School program. If you are not already enrolled, please email your Price Chopper Advantage card number to [BHT4S@hotmail.com](mailto:BHT4S@hotmail.com) and help us earn points for our school! We use these reward points to purchase much-needed items for our school.

Price Chopper is also having a Recipe challenge for those who wish to enter. The winning school gets a million points for their Tools for School account! Please submit your recipe (along with your child's name and homeroom teacher) to the above e-mail address and remember to include at least two Price Chopper or Central Market Classic brand products and you could win! For more details and official rules, please visit [www.pricechopper.com](http://www.pricechopper.com).

**School Banking-Volunteers needed!**

School Banking through CapCom will begin on Thursday, October 1<sup>st</sup> and continue EVERY Thursday that school is in session. It will be held in the Computer lab from 8:05-8:20am. Are you looking for an easy PTA volunteering job that takes place on just one morning a week? Then School Banking needs your help! We are looking for additional volunteers on **Thursdays from 7:50am-8:30am**. Training is provided. If you are interested or have any questions, please e-mail the School Banking Coordinator at [BHCCSB@hotmail.com](mailto:BHCCSB@hotmail.com). Thank you!

ELEMENTARY SCHOOL COUNSELING  
PARENTING PROGRAMS

*Melissa Them, Ph.D.*  
*of Health Psychology Associates will present*

Tuesday 10/6/15 @ Blue Creek - Dealing with Stress and Anxiety

Tuesday 10/13/15 @ Southgate - Dealing with Bullying and Cyber Bullying

Tuesday 10/20/15 @ Boght Hills - Websites and Apps that kids are using: What you need to know and be aware of...

6:30 - 8 PM

CHILD CARE PROVIDED

Please fill out the tear off sheet and return it to your school counselor

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Name \_\_\_\_\_ # attending \_\_\_\_\_

\_\_\_\_\_ 10/6                      \_\_\_\_\_ 10/13                      \_\_\_\_\_ 10/20

Number and age of children needing care \_\_\_\_\_

**North Colonie Central School District**

As part of a required school health examination, a student is weighed and his/her height is measured along with vision and hearing screening, as well as scoliosis for the fifth and sixth graders. The height and weight numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group (**NOT** individual student) be included as part of the student's school health examination. Each year a sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to:

Your child's School Health Office  
c/o School Nurse

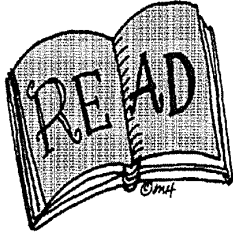
Please do not include my child's weight status information in the 2015-2016 School Survey.

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent's Name

\_\_\_\_\_  
Parent's Signature



## Library News

Welcome to the library! It's been wonderful to welcome students back to the library and to meet our new students.

I hope that you received a letter providing information about the library program. Students in grades 1-6 worked to complete the letter during class. In class, we discussed finding a special place for books at home so that students always know where they are located. Thank you for your assistance in helping students care for

their library materials.

Students in kindergarten and first grade are enjoying readalouds and book discussions. In kindergarten, book selections will often tie in with classroom themes or the letter of the week. The first books we enjoyed together were Chu's Day and Chu's First Day of School by Neil Gaiman. First grade students will be listening to selections written and illustrated by Mark Teague. After sharing and discussing the books, we will vote for our favorite! In grades 2-6, students reviewed the locations of different kinds of library materials to prepare for our book exchange time. During October, students will be learning additional library skills, as well as reading aloud together. You can look at the library catalog by going to the library wiki page at <https://boghtillslibrary.pbworks.com> and clicking on the OPALS Library Catalog link. Databases can also be accessed at home using the passwords that students will receive during an upcoming library class.

The "Birthday Book" program will continue this year. This is an opportunity to donate a book to the library to celebrate a student's birthday. A birthday bookplate is placed inside the book and is presented to the student during their library class. The student can also be the first one to check the book out of the library. A birthday book can be sent to school with your child or dropped off at the library or main office if it is a surprise. Please include a note with the student's name, date of birth, and the name of the person/family donating the book. This is a unique way to demonstrate the value of books and reading.

The first PTA Scholastic Book Fair of the school year is scheduled for October. During the book fair, students will have the opportunity to browse, purchase books, and discover new favorite titles, authors, and illustrators. I hope that you will consider volunteering at the book fair. Volunteers are critical to running the book fair. Watch for more information about this exciting event.

In sixth grade, 61 students volunteered to be in the Sixth Grade Library Helper Club. Throughout the year, these students will assist with a variety of projects in the library. Several students have already been in to help!

I look forward to a wonderful year at the Boght Hills Library!

Happy Fall Reading,  
Lori Wallace, Librarian



## Alternate Dismissal Plans – Boght Hills

Date: \_\_\_\_\_

Student: \_\_\_\_\_

(First and last name)

Grade/Teacher: \_\_\_\_\_

From: \_\_\_\_\_

(First and last name)

\_\_\_\_\_ will be picked up at dismissal by \_\_\_\_\_

(First and last name)

\_\_\_\_\_ should go home on bus # \_\_\_\_\_

\_\_\_\_\_ should take bus# \_\_\_\_\_ to the home of \_\_\_\_\_

(First and last name)

\_\_\_\_\_ will be picked up at \_\_\_\_\_ by \_\_\_\_\_

(First and last name)

**BOGHT HILLS SCHOOL**

Please Excuse...

Student Name: \_\_\_\_\_

(First and last name)

Was absent/tardy from school on \_\_\_\_\_ because of:

(Date)

\_\_\_\_\_ Medical Appointment

\_\_\_\_\_ Illness

\_\_\_\_\_ Family emergency

\_\_\_\_\_ Other (please list reason below):