

HEALTH EDUCATION

Primary Goal - To provide students with an understanding of the importance of a healthy lifestyle and to provide health education knowledge and skills so that students can participate in a healthy lifestyle throughout their lifetimes.

<u>Staff</u>	<u>Students</u>	<u>Budget</u>	<u>Cost Per Student</u>
8.24	4,115	\$435,780	\$106

K-6 Tally of school Health Education involvement in direct classroom instruction for 2008-09

Grade	# of sections in school	# of different sections in which instruction took place	# of 30 minute class periods of instruction
K	18	18	157
1	18	18	125
2	18	18	126
3	18	18	191
4	18	18	63
5	18	18	175
6	18	18	233
TOTALS	126	126	1070

Junior High School observations regarding student drug/alcohol possession during the school year

2008-09	2007-08	2006-07	2005-06	2004-05
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
3/ 2	5/0	0/0	2/0	2/0

Junior High School observations regarding student smoking/possession of tobacco during the school year

2008-09	2007-08	2006-07	2005-06	2004-05
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
0/ 0	0/0	0/1	5/3	2/3

HEALTH EDUCATION (cont.)

High School observations regarding student drug use during the school year

2008-09	2007-08	2006-07	2005-06	2004-05
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
10/7	8/2	7/7	4/1	8/2

High School observations regarding student use of alcohol during the school year

2008-09	2007-08	2006-07	2005-06	2004-05
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
2/4	0/1	1/2	2/3	8/9

High School observations regarding student smoking during the school year

2008-09	2007-08	2006-07	2005-06	2004-05
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
10/7	7/7	10/7	15/7	12/14

FINAL SCHOOL MARK

Health 901	2008-09	2007-08	2006-07
Percent Passing	94.90	96.875	96.43
Percent Failing	5.10	3.125	3.57

Passing is 65-100%

PROGRAM HIGHLIGHTS

- There were five suspensions for drug/alcohol possession/use and no suspensions for tobacco use at Shaker Junior High School during the 2008-09 school year. The five-day suspension penalty continues.
- North Colonie continues to vigorously enforce its policy prohibiting the possession, use or selling of drugs. The consequences are a five-day suspension for first possession or use with a referral to the Colonie Police. Counseling with the student assistance counselor will be recommended

HEALTH EDUCATION (cont.)

- Shaker High School health students complete a food analysis using www.mypyramid.gov and a Parenting DBQ (Document Based Question) during the semester course.
- The students complete an Advocacy Project for their final exam which counts as one third of their final school mark for health education. Students use school, home and/or community to complete their projects.
- Evaluative data collected from parents and students who participated in the DARE program indicated that the 2008-09 program was effective. One hundred percent (100%) of parents surveyed believe that their children benefited from the program and that the program should be continued. A large majority of the students indicated that they developed an increase in knowledge about the role of police officers in the community, the dangers of drug use, and strategies to resist drug use.
- The K-6 Health Teacher and the Supervisor of Health Education and Health Services presented a Parent Preview for both 5th and 6th grader parents. Eighty-five (85) parents were present for the 5th grade preview and 49 parents were present for the 6th grade preview. Nearly 100% of all parents reported that the preview was complete, helpful, and should be continued in the future.
- Fifth and sixth graders are provided the opportunity to participate in a three day Adolescent Growth and Development unit. In fifth grade, the program is completely voluntary; however only one student did not participate. In sixth grade, the first two lessons are voluntary and the third is a NYS mandated lesson regarding HIV/AIDS. Seventeen sixth graders opted out of the voluntary lessons.
- Following the Adolescent Growth and Development unit, parents were asked for feedback on the program. All fifth grade parents were surveyed. Of all of the surveys, 177 surveys were returned. Out of that amount, 176 of the parents feel that the fifth grade growth and development classes are either helpful or very helpful. Out of that same number, 176 of the fifth grade parents surveyed report that at-home discussions regarding the lessons occurred.
- All sixth grade parents were surveyed and 116 surveys were returned. Of that amount, 115 report that the classes were very helpful or helpful. Eighty-eight of sixth grade parents report that at-home discussions regarding the lessons occurred and sixty-nine state that their child shared the HIV/AIDS information with them.
- For the voluntary health lessons offered at Shaker Junior and Shaker High School, there were two students who opted-out in the junior high school and no students who opted out in the high school.

HEALTH EDUCATION (cont.)

- As appropriate, speakers are used as resources for the K-12 Health Education lessons. During the 2008-09 school year guidance counselors, librarians, student assistance counselors, a DARE Officer, and doctors spoke in the classrooms.
- The Supervisor of Health Education and Health Services was co-chair of the AIDS Advisory Council and all K-12 Health teachers were members. Speakers presented valuable information at the three meetings that were held throughout the school year.
- The Supervisor of Health Education and Health Services co-chaired the Wellness Policy Committee with the Assistant Superintendent for Curriculum and Instruction. Health teachers from all instructional levels served on the Wellness Policy Committee as recommendations for the district were reviewed and revised.

OBJECTIVES

- Support and facilitate training for teachers to align the health curriculum with the Guidance Document for Achieving the NYS Standards in Health Education.

Evaluation: Did teachers receive training in the use of the Guidance Document?

All health teachers received training in the use of the Guidance Document for Achieving the NYS Standards in Health Education.

- Continue to update the HIV/AIDS prevention lessons.

Evaluation: What revisions were made?

Diana Lezette, from the AIDS Advisory Council of Northeastern New York, presented the current data for HIV/AIDS at our AIDS Advisory Council meeting in March.

Revisions were made to include changes in data and lessons were revised to include more skills-driven approach to the HIV/AIDS prevention lessons.

- Rewrite course outlines to incorporate revisions made.

Evaluation: Were the health course outlines revised?

Course outlines were revised to incorporate revisions which were made during Summer Curriculum and the November Workshop.

HEALTH EDUCATION (cont.)

- Facilitate technology integration into health instruction.

Evaluation: Did more teachers avail themselves of current technologies?

Teachers attended staff development trainings and worked with colleagues to develop technology related lessons. We now have a projector and lap top in our secondary health classrooms and an Elmo in our JHS health classroom. Our K-6 health teacher makes good use of a variety of instructional technology tools while teaching in 126 different classrooms in our seven elementary schools. what activities are taking place in their buildings.