INTERSCHOLASTIC ATHLETICS

Primary Goal - To provide opportunity for interschool competition for athletically talented boys and girls

Staff	Participants	Budget	Cost Per Student
109 Coaches	1,789	$888,991	$497

Participants 2007-08

Program –Fall	Varsity	JV	Frosh	Mod	Total	# of Teams	Cuts
Cheerleading	18	18	10		46	3	**Yes**
(B) Cross-Country	34				34	3	**No**
(G) Cross-Country	37		21		58	3	**No**
Field Hockey	14	14		23	51	3	**Yes**
Football	50	41	49	43	183	4	**No**
Golf	11	9			20	2	**Yes**
(B) Gymnastics	11				11	1	**No**
(B) Soccer	25	26	24	27	102	4	**Yes**
(G) Soccer	21	16	19	30	86	4	**Yes**
(G) Swimming	28			40	68	2	**Yes**
(G) Tennis	22	25			47	2	**Yes**
(B) Volleyball	20	15			35	2	**No**
(G) Volleyball	10	11	11		32	3	**No**
Total	**301**	**175**	**134**	**163**	**773**	**36**	

Program –Winter	Varsity	JV	Frosh	Mod	Total	# of Teams	Cuts
(B) Basketball	14	13	15	15	57	4	**Yes**
(G) Basketball	10	11	13	13	47	4	**Yes**
Bowling	10	8			18	2	**Yes**
(G) Cheerleading	10	10	11		31	3	**Yes**
(G) Gymnastics	13				13	1	**Yes**
(B) Indoor Track	60	37			97	2	**No**
(G) Indoor Track	63	32			95	2	**No**
(B) Swimming	21			35	56	2	**Yes**
(Wrestling	14	9			23	2	**No**
(Ice Hockey	23				23	1	**Yes**
Total	**238**	**120**	**39**	**63**	**460**	**23**	

INTERSCHOLASTIC ATHLETICS (cont.)

Program –Spring	Varsity	JV	Frosh	Mod	Total	# of Teams	Cuts
Baseball	18	15	18	18	69	4	**Yes**
(B) Lacrosse	22	24	27	35	108	4	**Yes**
(G) Lacrosse	23	19		24	66	3	**Yes**
(G) Softball	14	18	18	20	70	4	**Yes**
(B) Tennis	22	20			42	2	**Yes**
(B) Track & Field	60	40			100	2	**No**
(G) Track & Field	68	33			101	2	**No**
Total	**227**	**169**	**63**	**97**	**556**	**21**	

Intramural/Extramural Sports Participation

Sport	Boys	Girls
Cross-Country	11	15
Field Hockey		20
Soccer	18	20
Fall Total	**29**	**55**
Basketball	105	44
Volleyball	16	86
Wrestling	18	
Winter Total	**139**	**130**
Lacrosse		
Track & Field	34	47
Spring Total	**34**	**47**
Grand Total	**202**	**232**

The combined Shaker High School and Shaker Junior High School Enrollment was 3006. We had 2,223 (74%) athletes participate in interscholastic athletics and/or intramurals. The unduplicated count of student athletes is 1097 or 36% of the 7 – 12 enrollment.

INTERSCHOLASTIC ATHLETICS (cont.)

Varsity Team Records

Girls' Teams

SPORT	Win	Loss	Tie
Cross Country	5	6	
Field Hockey	2	11	
Soccer	10	3	1
Swimming	5	4	
Tennis	10	1	
Volleyball	5	9	
Basketball	4	17	
Gymnastics	1	7	
Indoor Track	2nd place in league		
Softball	6	8	
Track & Field	6	5	
Lacrosse	13	2	

Boys' Teams

SPORT	Win	Loss	
Cross Country	11	0	
Football	1	8	
Golf	9	5	
Gymnastics	6	0	
Soccer	6	10	3
Volleyball	11	10	
Basketball	10	12	
Bowling	3	13	
Indoor Track	2nd place in league		
Swimming	8	3	
Wrestling	8	9	
Ice Hockey	8	13	3
Baseball	12	12	
Lacrosse	6	15	
Tennis	5	7	
Track & Field			

Eleven of our 26 varsity teams achieved a .500 or better winning percentage. Our Boys and Girls Indoor Track Teams compete in a league where final standings are determined by points not by records. We had two teams, boys cross-country and girls soccer win Suburban Council League Titles.

INTERSCHOLASTIC ATHLETICS (cont.)

Interscholastic Athletics – Safety Record – Number of Reported Incidents

GIRLS				BOYS			
Activity	**2007-08**	**2006-07**	**2005-06**	**Activity**	**2007-08**	**2006-07**	**2005-06**
Basketball	2	6	6	Baseball	2	6	6
Cheerleading	3	0	1	Basketball	9	2	10
Cross-Country	1	1	5	Bowling	0	0	0
Field Hockey	0	3	4	Cross-Countr	0	0	0
Gymnastics	1	4	2	Football	27	28	12
Indoor Track	0	12	4	Golf	0	0	0
Lacrosse	0	12	2	Gymnastics	2	2	1
Soccer	3	16	7	Ice Hockey	2	2	2
Softball	0	0	5	Indoor Track	3	4	3
Swimming	0	0	1	Lacrosse	6	5	5
Tennis	0	0	1	Soccer	8	2	3
Track & Field	2	0	2	Swimming	0	0	0
Volleyball	10	5	0	Tennis	0	2	0
TOTAL	22	59	40	Track & Field	2	3	3
				Volleyball	0	0	0
				Wrestling	7	4	2
				TOTAL	68	60	47

HIGHLIGHTS

- Varsity Boys' Cross Country went 11-0 and captured the Suburban Scholastic Council Blue Division Championship.
- Varsity Boys' Cross Country placed 5th in the N.Y.S. Federation Championships.
- RJ Sniffen, Graig Weiss and Chris Monico finished 2nd, 3rd, and 4th in Sectionals and qualified for the N.Y.S. championships.
- Varsity Girls' Cross-Country won the Albany County Championship meet.
- Girls' Field Hockey Placed Michelle Nash, Shannon Delaney, Julia Connors, and Tia Hughes on the Suburban Council All-Star Team.
- Varsity Golf placed 4th at the Suburban Council Tournament.
- Boys' Gymnastics, in their final year of competition, finished 6-0. They won the silver medal at the N.Y.S. Regional Competition.
- Varsity football placed three players – Nick Smith, Ryan Gifford, and Eric Breran in The Exceptional Senior Game.
- Junior Varsity football won the section 2 superbowl game by defeating previously unbeaten Saratoga.

INTERSCHOLASTIC ATHLETICS (cont.)

- Kevin Conti, Stefanos Haddad, and Sean Murphy made JV Suburban Council Boys' Soccer All Star Team. Kevin Conti, Stefanos Haddad, and John Millock played in The Exceptional Senior Game.
- Girls' Varsity Soccer won the Suburban Council B-division championship with a record of 10-3-1.
- Girls soccer all-stars include Becca Millock, Katherine Thomas, Caitlin Cahalan, and Corine Pro.
- In Girls' Swimming, Sara Mion qualified for The N.Y.S. Championships in the 100 Fly event.
- Girls' varsity tennis finished with a 10-1 record. Senior Jasleen Sandhu placed 7th in The N.Y.S. Championship. Jasleen also became a two-time sectional champion in singles play.
- Boys' Volleyball finished 3rd in The Suburban Council Tournament and placed Ryan Sullivan and Marc Strizzi on The League All Star Team.
- Girls' Volleyball had Jamie Boldish named as a Fox News Athlete of the Week.
- Boys' Basketball Qualified and was seeded 5th in The Sectional Tournament.
- Ryan Sullivan made the league All-Star Volleyball team and participated in The Exceptional Senior Game.
- Morgan Rowland represented our Girls' Basketball Team on the league all-star and Exceptional Senior Team.
- Nick Daigneault made the section 2 all-star bowling team and Ryan Hibbard bowled the 3rd highest game at sectionals.
- In girls' gymnastics, Amber Finch qualified for The N.Y.S. championships in the Vault and Floor Exercise events.
- Our Shaker-Colonie Ice Hockey team won The Lake Placid Tournament.
- The Boys' and Girls' Indoor Track Teams finished 2nd and 4th in League meets and both qualified for sectional competition.
- Frankie Dyer, Brian Maloy, Steve Maxwell and David Rowley became State Champions in the 200-meter medley relay at The swimming and diving championships.
- Frankie Dyer and Brian Maloy were also crowned Section 2 Champions, Dyer in the 200 freestyle and Maloy in the 100 Breaststroke.
- Sam Pacelli led our wrestling team with tournament championships at the Maple Hill and Schoharie Tournament.
- The Varsity Baseball team was seeded 3rd in the Section 2 Tournament.
- The Varsity Boys' Lacrosse Team made a strong run at end of the season, making it all the way to the section 2 championship game.
- Our girls' varsity lacrosse team finished with a 13-2 record, losing only to the eventual section 2 champions – Guilderland.
- Katherine Thomas was named a High School All-American.
- Twenty-two out of our 27 varsity teams earned scholar-athlete recognition from the N.Y.S.P.H.S.A.A. for achieving a 90+ scholastic average.
- Nick Smith and Katherine Thomas were named our top scholar athletes by the Capital Region Sports Foundation, where Katherine was named the overall runner-up for the entire Capital District area.

INTERSCHOLASTIC ATHLETICS (cont.)

OBJECTIVES

- Continue our coaches mentoring program that was established in the spring of 2007.

  Evaluation: Was the mentoring program continued? Based on coaches evaluations, what modifications were proposed and was the program successful?

  The Mentoring Program was conducted in the fall season with twelve mentors. The evaluations were positive except we need to have a couple of meetings with everyone especially at the beginning of the season. In the winter and spring seasons, we did the mentor program was conducted on an informal basis.

- Continue to offer Leadership Training Workshops for athletes.

  Evaluation: Were workshops offered and to what groups?

  We conducted one workshop for our Girls' Varsity Soccer team. Leslie Kassel was the facilitator for this team building workshop and the team made it to the semi-finals in Sectionals. In the spring season, we conducted a workshop for the captains or leaders of our J.V. and varsity teams. This program was based on the NYSPHSAA "Life of the Athlete" program. We covered topics such as leadership, positive characteristics and drug/alcohol issues. These programs are very valuable for our student athletes.

- Continue to involve students in the athletic program as support staff (managers, statisticians, announcers).

  Evaluation: Did we maintain our high level of participation?

  We continue to have many students involved in our athletic programs as "helpers." Creating titles for these positions such as "Director of Game Day Operations" instead of "water boy" have helped promote this program. This year, we had 228 students involved with our teams which is similar to the past three years. We continue to involve our special education students where appropriate.

- Monitor and evaluate the success of our Sports Information Night Program.

  Evaluation: Did the program meet the parent needs?

  Both the fall and winter Sport Information Nights were successful. In August, our guest speaker was DARE Officer Sean McGee who spoke about underage drinking and the hosting of parties. In November, we had veteran official Skip Spensieri speak about fan behavior and the role of the official in high school sports. In the spring, we had our Booster Club President Gene Pro speak about the role of

parents and the Club for our program. Parents are required to attend this night before their child is allowed to play in a contest.

- Improve communication to athletes and parents regarding our athletic training rules and code of conduct.

  Evaluation: What steps were taken?

  For parents, we announced the new additions to our code at all three Sports Information Night Programs. For each sports season, the parents and athletes sign off on our rules and code. The Athletic Director and Faculty Athletic Managers met with each team at the beginning of the season to review the rules and code.

- Increase educational opportunities for our coaches.

  Evaluation: What activities were provided?

  Coaches attend a seasonal coaching meeting where new rules and procedures are covered. Coaches listen to our guest speakers at the Sports Information Nights. Many coaches attend coaching clinics throughout the Northeast. This year we started to email all coaches the NYSPHSAA Monthly “office report” as well as other good articles and information we receive from other organizations.