

HEALTH EDUCATION

Primary Goal - To give students an understanding of basic personal and community health problems as a means of promoting physical and mental well-being.

<u>Staff</u>	<u>Students</u>	<u>Budget</u>	<u>Cost Per Student</u>
7.75	4,091	\$425,241	\$104

K-6 Tally of school Health Education involvement in direct classroom instruction for 2007-08

Grade	# of sections in school	# of different sections in which instruction took place	# of 30 minute class periods of instruction
K	17	17	197
1	17	17	137
2	17	17	110
3	17	17	210
4	17	17	54
5	17	17	117
6	17	17	109
TOTALS	119	119	934

Junior High School observations regarding student drug/alcohol possession during the school year

2007-08	2006-07	2005-06	2004-05	2003-04
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
5/0	0/0	2/0	2/0	0/6

Junior High School observations regarding student smoking/possession of tobacco during the school year

2007-08	2006-07	2005-06	2004-05	2003-04
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
0/0	0/1	5/3	2/3	0/2

HEALTH EDUCATION (cont.)

High School observations regarding student drug use during the school year

2007-08	2006-07	2005-06	2004-05	2003-04
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
8/2	7/7	4/1	8/2	2/7

High School observations regarding student use of alcohol during the school year

2007-08	2006-07	2005-06	2004-05	2003-04
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
0/1	1/2	2/3	8/9	0/12

High School observations regarding student smoking during the school year

2007-08	2006-07	2005-06	2004-05	2003-04
Possession/Use	Possession/Use	Possession/Use	Possession/Use	Possession/Use
7/7	10/7	15/7	12/14	27/19

FINAL SCHOOL MARK

Health 901	2007-08	2006-07	2005-06
Percent Passing	96.875	96.43	96.8
Percent Failing	3.125	3.57	3.2

Passing is 65-100%

PROGRAM HIGHLIGHTS

- There were five suspensions for drug/alcohol possession and no suspensions for tobacco use at Shaker Junior High School during the 2007-08 school year. The five-day suspension penalty continues.
- The number of suspensions decreased for drug, alcohol, and tobacco possession/use at Shaker High School. We hope that this year's declining numbers of suspensions reflect the fact that students are making wiser choices pertaining to substance abuse. North Colonie continues to vigorously enforce its policy prohibiting the possession, use or selling of drugs. The consequences are a five-day suspension for first possession or use with a referral to the Colonie Police. Counseling with the student assistance counselor will be recommended.

HEALTH EDUCATION (cont.)

Distribution or a second offense relating to drugs will lead to a hearing with the Superintendent.

- The passing rate among students continues to remain above 96% for the 2007-08 school year. The members of the department continue to work hard with all our students to get them to recognize the value of completing course work in a timely manner.
- Shaker High School health students complete a food analysis and a Parenting DBQ (Document Based Question) during the semester course and an Advocacy Research Paper which counts as one third of their final exam grade.
- Evaluative data collected from parents and students who participated in the DARE program indicated that the 2007-08 program was effective. Ninety-nine percent (99%) of parents surveyed believe that their children benefited from the program and that the program should be continued. Ninety-seven percent of the students indicated that they developed an increase in knowledge about the role of police officers in the community, the dangers of drug use, and strategies to resist drug use.
- The K-6 Health Teacher and the Supervisor of Health Education and Health Services presented a Parent Preview for both 5th and 6th grader parents. Eighty-seven (87) parents were present for the 5th grade preview and 40 parents were present for the 6th grade preview. Nearly 100% of all parents reported that the preview was complete, helpful, and should be continued in the future.
- Fifth and sixth graders are provided the opportunity to participate in a three day Adolescent Growth and Development unit. In fifth grade, the program is completely voluntary; however only 11 students did not participate. In sixth grade, the first two lessons are voluntary and the third is a NYS mandated lesson regarding HIV/AIDS. Only 7 sixth graders opted out of the voluntary lessons.
- Following the Adolescent Growth and Development unit, parents were asked for feedback on the program. Ninety eight percent (98%) of fifth grade parents report that the classes were very helpful or helpful. Ninety eight (98%) of 5th grade parents surveyed report that at-home discussions regarding the lessons occurred. Ninety six (96%) of sixth grade parents report that the classes were very helpful or helpful. Sixty four (64%) of sixth grade parents report that at-home discussions regarding the lessons occurred.
- For the voluntary health lessons offered at Shaker Junior and Shaker High School, there was one student who opted-out in the junior high school and no students who opted out in the high school.

HEALTH EDUCATION (cont.)

- As appropriate, speakers are used as resources for the K-12 Health Education lessons. During the 2007-08 school year guidance counselors, librarians, student assistance counselors, a DARE Officer, and doctors spoke in the classrooms.
- The Supervisor of Health Education and Health Services was co-chair of the AIDS Advisory Council and all K-12 Health teachers were members. Speakers presented valuable information at the three meetings that were held throughout the school year.
- The Supervisor of Health Education and Health Services co-chaired the Wellness Policy Committee with the Assistant Superintendent for Curriculum and Instruction. Health teachers from all instructional levels served on the Wellness Policy Committee as recommendations for the district were reviewed and revised.

OBJECTIVES

- Revise the elementary health curriculum to align with the NYS Guidance Document for Health Education.

Evaluation: Was the elementary health curriculum revised to align with the NYS Guidance for Health Education?

The process of revising the curriculum to align with the Guidance Document for Achieving the NYS Standards in Health Education has begun.

- Revise the current K-6 child abuse prevention lessons.

Evaluation: Were the child abuse prevention lessons revised?

The kindergarten and first grade child abuse prevention lessons were revised, and these lessons were implemented throughout 2007-2008.

- Continue to modify the HIV/AIDS prevention lessons for the grades 7 and 8 opt-out students.

Evaluation: What revisions were made?

Revisions were made to the HIV/AIDS prevention lessons for opt-out students.

- Rewrite grades seven and eight course outlines to incorporate revisions made.

Evaluation: Were the seventh and eighth grade health course outlines revised?

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The course outline was updated to reflect the revisions which have been made to the curriculum.

- Write senior high school prevention strategy lessons to support the personal safety lessons presented by the Colonie Police Department.

Evaluation: Was a senior high curriculum workshop held to develop content, strategies and materials?

Work was completed to include personal safety strategies to support the lessons which are presented by the Colonie Police Department.

- Rewrite the high school course outline to incorporate revisions made to the curriculum over the last couple of years.

Evaluation: Was the senior high school health course outline revised?

The course outline was updated to reflect the revisions which have been made to the curriculum.

- Continue to review and recommend updates for the Wellness Policy.

Evaluation: Did the committee meet and review the policy? Were revisions made in the policy?

The members of the Wellness Committee met to review the recommendations which were made to the policy during the 2006-2007 school year.

- Keep staff informed of the Wellness Policy.

Evaluation: Were the staff in all buildings kept informed of the Wellness Policy? Did the committee provide information related to the Wellness Policy?

There is a representative from each building on the Wellness Committee to make recommendations to the staff and communicate with the committee what activities are taking place in their buildings.