

Featured Specials of the Day

Wednesday, February 1

Sweet & Sour Chicken
Rice Pilaf, Whole Wheat Dinner Roll,
Sweet Peas, Almond Cookie

Thursday, February 2

Oven Roasted Turkey Sandwich
Macaroni Salad, Veggies w/Dip,
Waffle Fries, Mixed Fruit

Friday, February 3

Pasta Fagioli w/Hot Breadstick
Toss Salad, Oil & Garlic Spinach,
Diced Pears, Peach Cobbler w/Whip Topping

Monday, February 6

Chicken Cacciatore w/Linguine
Garlic Bread, Garden Green Salad,
Herbed Green Beans, Chilled Fruit Cup,
Rice Pudding

Tuesday, February 7

Turkey BLT Wrap w/Asst. Veggies
Macaroni Salad, Black Bean & Corn Salad,
Strawberries w/Whip Topping

Wednesday, February 8

Tangerine Chicken Rice Bowl
Egg Roll, Stir Fry Veggies,
Chinese Noodles, Tropical Fruit Cup

Thursday, February 9

Roast Beef Deli
Oven Roasted Potatoes, Peas & Carrots,
Cucumber Dill Salad, Ice Cream Treat

Friday, February 10

Tuna Melt on Rye
Chips, Pickles, Creamy Coleslaw,
Sliced Peaches

Featured Specials of the Day

Monday, February 13

Finger Food Combo
Whole Wheat Dinner Roll, Chili Cheese Fries,
Sweet Corn, Veggies w/Dip, Chilled Fruit Cup

Tuesday, February 14

Italian Grilled Cheese
Macaroni Salad, Tomato & White Bean Salad,
Parmigiana Crusted Oven Fries, Ice Cream

Wednesday, February 15

Chicken Riggie
Garlic Breadstick, Toss Salad,
Seasoned Green Beans, Pineapple Chunks

Thursday, February 16

Taco Salad
Fiesta Rice, Black Bean & Corn Salad,
Fruited Jell-O

Friday, February 17

Egg Salad Wrap or Deli w/Asst. Veggies
Potato & Bacon Salad,
Tomato & Cucumber Salad,
Chilled Fruit Cup, Very Berry Bar Cookie

Monday, February 20 —

Friday, February 24

No School — Winter Break

Monday, February 27

Bison Burger w/Lettuce, Tomato,
Marinated Onions w/Special Sauce
Oven Roasted Veggies, BBQ Baked Beans,
Cherry Crisp

Tuesday, February 28

Italian Deli w/Asst. Meat & Cheese
Waffle Fries, Green Bean Salad, Diced Peaches

Wednesday, February 29

Glazed French Toast w/Sausage
Chilled Fruit Juice, Roasted Potatoes,

Spinach Salad, Fruit Cup

Menus
for
February
2012

Shaker High School

Available Daily

Soup of the Day
Assorted Burgers &
Chicken Sandwiches
Assorted Sandwiches
Assorted Salad Platters
PB & J, Veggies, Fruit
Homemade Baked Goods,
Sauces & Soups

Wednesday's—Taft Hall - Deli Bar

Lunch Prices: Students \$2.05
Staff \$3.25 tax included

Milk \$.60

Menu subject to change without notice.
*Entrée contains meat.