

# February 2012 Elementary Breakfast Menu

## Word of the Month car·ing

adj. 1. feeling and showing concern and empathy for others  
2. having or displaying warmth or affection 3. concerned; devoted; tender

Please don't forget to remember . . .



. . . to bring your lunch money!

Menu subject to change without notice.  
\*Entrée contains meat.

**Mon., Feb. 6**

**Hot Breakfast**  
French Toast  
w/Turkey  
Sausage

**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Tues., Feb. 7**

**Hot Breakfast**  
Egg & Cheese  
Breakfast  
Sandwich

**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Wed., Feb. 8**

**Hot Breakfast**  
\*Breakfast Pizza



**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Thurs., Feb. 9**

**Hot Breakfast**  
Pancakes  
w/Turkey  
Sausage

**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Friday, Feb. 10**

**Hot Breakfast**  
\*Breakfast Pizza



**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Wed., Feb. 1**

**Hot Breakfast**  
\*Breakfast Pizza



**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Thurs., Feb. 2**

**Hot Breakfast**  
Pancakes  
w/Turkey  
Sausage

**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Friday, Feb. 3**

**Hot Breakfast**  
\*Breakfast Pizza



**Side Dishes**  
Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

## Available Daily

Reduced Sugar or Sugar Free Cereal  
Whole Grain Pop Tarts  
Whole Grain Cereal Bars  
Bagel with or without Cream Cheese  
Flavored Yogurt



Valentine's Day isn't just for sweethearts! On February 14, tell everybody who's close to you that you love them!

**Monday, Feb. 13**

**Hot Breakfast**

French Toast  
w/Turkey  
Sausage

**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Tuesday, Feb. 14**

**Hot Breakfast**

Egg & Cheese  
Breakfast  
Sandwich

**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Wed., Feb. 15**

**Hot Breakfast**

\*Breakfast Pizza



**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Thurs., Feb. 16**

**Hot Breakfast**

Pancakes  
w/Turkey  
Sausage

**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Friday, Feb. 17**

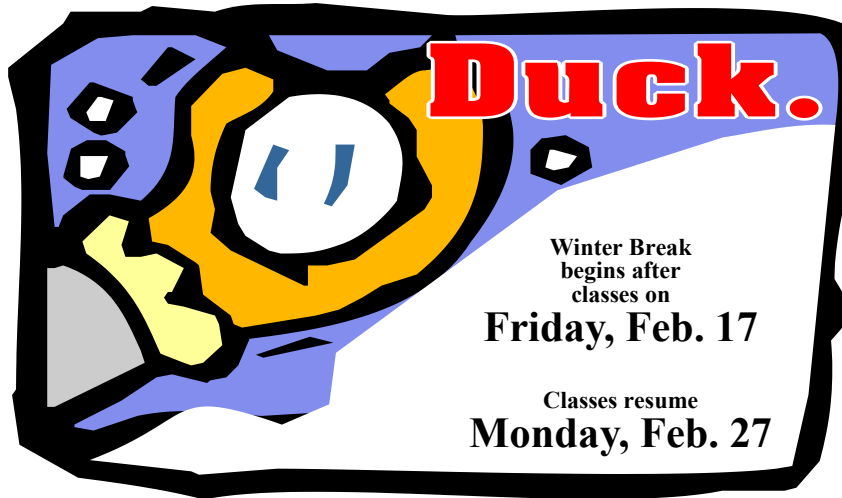
**Hot Breakfast**

\*Breakfast Pizza



**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk



**Duck.**

Winter Break  
begins after  
classes on

**Friday, Feb. 17**

Classes resume

**Monday, Feb. 27**



**Available Daily**

Reduced Sugar or Sugar Free  
Cereal  
Whole Grain Pop Tart  
Whole Grain Cereal Bars  
Bagel with or without Cream  
Cheese  
Flavored Yogurt



**NCCS Elementary**

**Breakfast Menu  
February 2012**

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**Monday, Feb. 27**

**Hot Breakfast**

French Toast  
w/Turkey  
Sausage

**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Tuesday, Feb. 28**

**Hot Breakfast**

Egg & Cheese  
Breakfast  
Sandwich

**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk

**Wed., Feb. 29**

**Hot Breakfast**

\*Breakfast Pizza



**Side Dishes**

Fresh Fruit  
Canned Fruit  
Fruit Juice  
1% or Fat Free  
Milk