

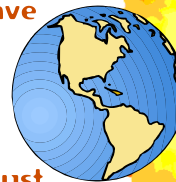
# Menus for February 2012



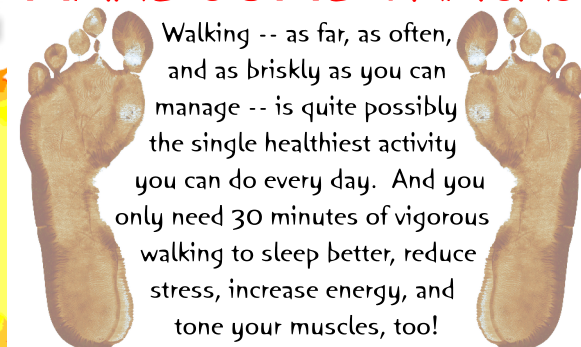
NCCS Elementary

# 365.2422

That's how many days it takes the earth to orbit the sun... and that's why we have leap year. We add a day to the month of February every four years to make up for the .2422 days that just won't fit in our regular year!



# MAKE SOME TRACKS.



Walking -- as far, as often, and as briskly as you can manage -- is quite possibly the single healthiest activity you can do every day. And you only need 30 minutes of vigorous walking to sleep better, reduce stress, increase energy, and tone your muscles, too!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

# LEAP YEAR 2012

## New Soup & Sandwich of the Day

### Monday

Alphabet Soup/Egg Salad Deli

### Tuesday

Cream of Broccoli Soup/  
Mixed Deli

### Wednesday

Chicken Noodle Soup/  
Ham & Cheese Deli

### Thursday

Cream of Potato Soup/  
Turkey Deli

### Friday

Tomato Soup/Tuna Deli

**\*\*All sandwiches served on multi-grain sandwich roll with lettuce & tomato. Soup only**

## Available Daily

**PB & J Sandwich, Fresh Fruit,  
Canned Fruit,  
Whole Wheat Bread**

**Lunch Prices: Student \$1.80  
Adults \$3.25 tax included**

**Milk \$.60, 1% Chocolate,  
1% White & Fat Free**

**Menu subject to change without notice.  
\*Entrée contains meats.**

### Monday, February 6

#### Choice of One

Taco Salad  
Chicken Patty/Bun  
Grab Bag

#### Side Dishes

Mexican Rice  
Black Bean &  
Corn Salad  
Blueberries  
w/Topping  
A variety of  
Fruit & Milk

### Tuesday, February 7

#### Choice of One

Mini Pancakes  
Cheese Omelet  
Chef Salad  
Veggie Salad

#### Side Dishes

Chilled Juice  
Sausage Links  
Sweet Potato  
Puffs  
A variety of  
Fruit & Milk

### Wed., February 1

#### Choice of One

Pasta Bar  
Hot Dog/Bun  
Lunch Box

#### Side Dishes

Bread Stick  
Sweet Corn  
Anise Sticks  
Applesauce Cake  
A variety of  
Fruit & Milk

### Wed., February 8

#### Choice of One

Chicken Tenders  
Pierogies  
Lunch Box

#### Side Dishes

Mixed Vegetables  
Broccoli w/Dip  
Cookie  
Fruited Jell-O  
A variety of  
Fruit & Milk

### Thursday, February 2

#### Choice of One

Mini –  
Cheeseburgers  
Chicken Nuggets  
Chef Salad  
Veggie Salad

#### Side Dishes

Seasoned Rice  
Garden Peas  
Peach Cup  
A variety of  
Fruit & Milk

### Thursday, February 9

#### Choice of One

Pasta Bar  
Hot Ham &  
Cheese Bagel  
Chef Salad  
Veggie Salad

#### Side Dishes

Sweet Corn  
Bread Stick  
Blood Oranges  
A variety of  
Fruit & Milk

### Friday, February 3

#### Choice of One

Cheese Pizza  
Macaroni &  
Cheese  
Grab Bag

#### Side Dishes

Spinach Salad  
Broccoli w/Dip  
Mixed Fruit  
A variety of  
Fruit & Milk

### Friday, February 10

#### Choice of One

Cheese Pizza  
Fish Filet/Bun  
Grab Bag

#### Side Dishes

Pasta Salad  
Veggies w/Dip  
Applesauce  
A variety of  
Fruit & Milk

Monday, February 13

**Choice of One**  
French Toast  
w/Sausage  
Macaroni &  
Cheese  
Grab Bag

**Side Dishes**  
Chilled Juice  
Hash Brown Stick  
Jell-O  
A variety of  
Fruit & Milk

Tuesday, February 14

**Choice of One**  
Sicilian Pizza  
Chicken Egg Roll  
♥ Chef Salad  
Veggie Salad

**Side Dishes**  
Vegetable  
Fried Rice  
Corn  
Ice Cream Treat  
A variety of  
Fruit & Milk

Wed., February 15

**Choice of One**  
Turkey & Gravy  
Chicken Tenders  
Lunch Box

**Side Dishes**  
Mashed Potato  
Stuffing  
Corn  
Cranberry Sauce  
A variety of  
Fruit & Milk

Thurs., February 16

**Choice of One**  
Mini-  
Cheeseburgers  
Cheese Filled  
Bread Sticks  
Chef Salad  
Veggie Salad

**Side Dishes**  
Broccoli/  
Cauliflower  
Applesauce Cake  
A variety of  
Fruit & Milk

Friday, February 17

**Choice of One**  
Cheese Pizza  
Popcorn Chicken  
Grab Bag

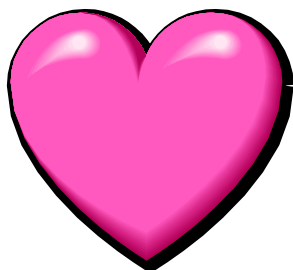
**Side Dishes**  
Minestrone Soup  
Garden Salad  
Crunchy Veggies  
w/Dip  
A variety of  
Fruit & Milk



**Menus for  
February 2012**

**NCCS Elementary**

**HAPPY  
VALENTINE'S  
DAY!**



**FEBRUARY 14**

**Soup & Sandwich of the Day**

**Monday:** Alphabet Soup/Egg Salad Deli

**Tuesday:** Cream of Broccoli Soup/Mixed Deli

**Wednesday:** Chicken Noodle Soup/Ham & Cheese Deli

**Thursday:** Cream of Potato Soup/Turkey Deli

**Friday:** Tomato Soup/Tuna Deli

**\*\*All sandwiches served on multi-grain sandwich roll with lettuce & tomato. Soup only available with Sandwich.**



*It's Winter Break!*

Last Day of Classes  
Friday, Feb. 17

Classes Resume  
Monday, Feb. 27

Monday, February 27

**Choice of One**  
Chicken Patty  
w/Roll  
Mini Corn Dogs  
Grab Bag

**Side Dishes**  
Sweet Potatoes  
Corn  
Mixed Fruit  
A variety of  
Fruit & Milk

Tuesday, February 28

**Choice of One**  
Italian Dunkers  
w/String Cheese  
Hamburger/Bun  
Chef Salad  
Veggie Salad

**Side Dishes**  
Smile Potatoes  
Baby Carrots  
w/Dip  
Blueberry Cup  
A variety of  
Fruit & Milk

Wed., February 29

**Choice of One**  
Teriyaki Chicken  
Mini Waffles  
w/Sausage  
Lunch Box

**Side Dishes**  
Fluffy Rice  
Sugar Snap Peas  
Chilled Peaches  
A variety of  
Fruit & Milk

**Please don't forget  
to remember . . .**



**. . . to bring your  
lunch money!**

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**PB & J Sandwich, Fresh Fruit,  
Canned Fruit,  
Whole Wheat Bread**

**Lunch Prices: Student \$1.80  
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**Milk \$.60, 1% Chocolate,  
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