



SUMMER LETTER: JULY 2011

Hello! My name is Coach Rizzo and I am the boys modified soccer coach for Shaker. I also teach 7th grade social studies at the junior high school. This will be my tenth season coaching soccer at this level. As you probably already know, soccer can be a very challenging game, both mentally and physically. However, I am confident that with the proper attitude and effort we will we have another very successful season.

The start date for the modified program is Thursday, September 1, 2011. The first tryout practice will be held from 9:00am – 11:00am. Please meet me on the soccer field directly behind the junior high. Your ride home should be ready to pick you up in front of the school at the conclusion of practice. You will need your cleats, shin guards, water, a ball, and running shoes! You should come to the first practice in shape and ready to play!!! I recommend that you jog for at least 15 minutes every other day, do sit-ups, push-ups, and at least 15 minutes of shooting and dribbling daily to improve your foot skills.

Since I can only keep a limited number of players on the team roster, tryouts will be held during our first week of practice. Please be aware that there will be a lot of competition to make the team due to the large number of 7th and 8th graders signed up to play and the overall quality of the Shaker soccer program. In order to make the team, you will be evaluated on your ability to play the game, your knowledge of the game, your willingness to listen and learn the game, as well as your ability to run the mile and sprint with and without the ball. **However, before you can participate in tryouts it is your responsibility to verify that Mrs. Schneider (the school nurse) has received your Re-Check card and proof that you have had a recent physical exam. The paperwork is due to her by August 1st. Students that are not cleared by the nurse prior to practice cannot participate and will not be allowed to tryout for the team.**

I wish everyone a relaxing summer as you prepare for the fall. I am looking forward to another very exciting season of soccer! Last season our boys modified team finished with an undefeated record for the second consecutive season! Remember, win or lose, let's give it our best effort, have fun, and always leave it on the field! See you all on September 1!

Sincerely,

Coach Rizzo

P.S.

1. I can be contacted by email at Krizzo@ncolonie.org if you have any questions. Email is the best way to contact me during the summer months.
2. Visit www.highschoolsports.net for updated information about the team including a complete schedule of games for the upcoming season.